

# Recommendations: restaurants, cafés and outdoor seating



## Before going



If you have any Covid-19 symptoms, are in Covid-19 isolation, or are in quarantine because you have been in close contact with someone with Covid-19, **stay at home**.



**Call** in advance to book a table and find out about the establishment's safety measures; for example, maximum number of people per group, changes in opening hours.



**Wash your hands** with soap and water before leaving your home.

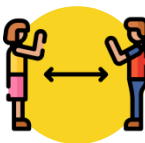


If you have to wait before entering the establishment, **stay socially distanced**.



Try to find spaces that are **outdoors** and smoke-free.

## While there



**Stay socially distanced from your companions** (only those who live together can be less than 1.5 metres apart) **and from staff**.



Don't join tables together.



**Limit your movements** within the venue to only those that are necessary and follow the establishment's rules.



**Wash your hands** with soap and water or sanitizing gel before eating or drinking.



Only remove your **mask** when eating or drinking. Keep your mask on as much as possible.



**Don't smoke.** Smoking is damaging to your health and could worsen your prognosis should you catch Covid-19.

Consult the rules and regulations of your Autonomous Community.

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Consult official sources for information

[www.mscbs.gob.es](http://www.mscbs.gob.es)

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